SANUCH KINDER NEWSLETTER ~ SUMMER EDITION

Centre Head's Desk

Madhurima Karur, Director, Samuchit Kindercare Learning Centre

I understand how important the early years are to both parents and child. This is a time of remarkable growth, when children are



experiencing rapid development, learning new skills and progressing steadily towards physical, intellectual and social - emotional milestones. With that in mind our curriculum provides international guidance and rich experiences that build upon individual strengths and talents. With our child development professionals at their sides, children at school are assured of getting the care that they need, the creative learning experiences they enjoy and the intellectually challenging opportunities they deserve.

Little Elly gets all new look

Little Elly, Anandnagar, was revamped by the new management Madhurima and Shiv Karur. With keen interest to provide good facilities for children and also to make this branch the best, they have introduced excellent infrastructures in the school and made it more disciplined, organised and clean. The grass spread at the play area has made it more exciting for children and safe. Re-arranging of the Montessori area, ball pool and dinning room, improved facilities for day care children, and introduction of various activities for kids are very welcoming.



Kids enjoying various activities at school

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Little Elly, 21, 3rd main road, SBI Layout Anandnagar, Hebbal, Bangalore-32

Little Elly is a second home for Ishaan

Amit Jaiswal, Lead Designer, Cognizant Technology

This is the first school for my kid and it has been a wonderful journey for us so far. Being with Little Elly has given a chance to Ishaan to sharpen his skills, learn and understand new things. Little Elly has provided many opportunities to explore and learn new crafts that has enhanced his social and physical development.



Little Elly, is a second home for my kid, where he learns and enjoys his life after home. School is truly awesome and loaded with all the necessary facilities and infrastructure, which is actually very important for his overall development. Many creative activities and classes are conducted for kids development are really a good initiative by the management. Teachers and other staffs are well trained, soft, loving and caring nature and I am very satisfied as a parent.

It is a privilege to be part of Little Elly family and thanks for all the support, teaching and care throughout the year.

My daughter loves Little

Elly - Vennela Shijoy, HR Professional

My daughter completed UKG this year from Little Elly, R T Nagar. We had a good experience with the school. My daughter loves going to



school. She waits to meet her teacher and friends. The school provides a very loving, homely and safe environment for the kids.

The staff is very supportive and gives special care to each child. The centre head brings in so many creative things to nurture these kids and mould them well. They incorporate learning with fun and activities which is easy for kids to learn and enjoy. They encourage kids to be inquisitive and ensure they answer the questions with love and patience. Even the support staff is very loving and caring.

Amazing Little Elly ~ Sajini Mudappa, Executive Assistant, SAP Labs India



Lisa, my daughter who is now 5 years old joined the Little Elly family when she was 2. As a mother I was anxious about getting my daughter enrolled for playgroup - lot of thoughts floating in my mind "how will my little one manage on her own?" After a lot of thinking and reviewing schools I decided to enroll my daughter in Little Elly.

After finishing her PG and Nursery at a different centre, Lisa joined Little Elly, RT Nagar to continue LKG. Lisa knew she was going to LE but it was a whole new place altogether, new teachers, friends etc. She was apprehensive initially but the teachers and staff made her feel very comfortable. The entire staff and especially her class teacher Ms. Anjali gave her all the attention she required. Slowly but surely Lisa settled down and made some friends too. Since then Lisa has always been very enthusiastic about going to school to learn and play. She has come a long way and has shown significant improvement when it comes to learning, writing or colouring. She doesn't forget to tell me what she did in school.

Overall our experience has been great in LE. The teachers and staff are doing an excellent job in managing children by giving them all their love and support. The school has made a few changes in their way of managing things and it is a very positive one. It is great to see they have introduced extracurricular activities for children - music, dance, etc. I'd like to take this opportunity to thank Little Elly for the amazing job that they are doing. Keep it up Little Elly!!!

Little Elly, 21, 3rd main road, SBI Layout Anandnagar. Hebbal. Bangalore-32

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Cool tips for cool summer

Simpa Bipin Kumar



- Take plenty of fluids Juice, coconut water, nimbu pani, etc
- Prefer white colour dresses
- More focus for indoor games like Carrom, Ludo, Chess etc
- Live with some style with sunglass and cap
- Healthy balanced diet should be given to children so that body grows well and stay energised
- Children will enjoy water activities such as fishing, watering plants, swimming, etc
- Stay away from oily and junk food. Prefer water based fruits and vegetables like cucumber, watermelon, grapes etc

Summer camp is going on...



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Little Elly, 21, 3rd main road, SBI Layout Anandnagar, Hebbal, Bangalore-32

Annual Day Celebration





Pleasant evening and everyone filled with enthusiasm and energy, were geared up for the annual celebration on March 24, 2018. The occasion was graced by the Chief Guest Mr Viswanath Kumar, Chief Operating Officer, Learning Edge India Private Limited. The celebrations began with prayer and welcome dance followed by the dazzling performances by Little Elly children. We also had Little Elly alumni Chinmay playing a bollywood number on keyboard and Rusheel performing dance for a Kannada song. Apart from in-house performances, guest artists - Urban Raaga, Korean Martial Art and Fusion Dance by Sharavani's team rocked the stage. It was a memorable funfilled evening.



On the occasion of Annual Day Celebration Little Elly had conducted rangoli, colouring, writing and art and craft competition for parents and children

Roopa Mahender, Founder & MD, WELLBEEING An Integrated Health Centre, www.wellbeeing.in

Advancement in technology today has become a part of us and our lifestyle today whether we like it or not. It is believed that 21st century children have higher IQ (Intelligent quotient) compared to the older generation; but their EQ (Emotion quotient) is low.

It's essential in childhood for the emotional stability, which largely comes from feeling cared-for and secure. "Tiny babies, who can't feed or look after themselves, need to know someone is caring for them at all times, and are programmed to recognise and become attached to this "someone" by sight, sound, smell and so on," says our Pediatrician. As children grow older, emotional security is associated with regularity and routine, such as family meals and a familiar bedtime ritual.



Most growing children after spend majority of their day in institutional care, come back home, and often sit in front of an electronic babysitter and, as they grow older, are encouraged seeing or having TVs in their rooms, which means that even when the family is in the same house, members are splintered off from each other.

In fact, children need to learn communication skills, one of the essential element in emotional and social development, but the technology and information system are replacing the need of a verbal communication. The method used by our parents singing and talking to us as babies, was to awaken the language instinct wired deep in the human brain and provide the data through which children would learn to speak their mother tongue. If adults don't spend time with their children, communication skills won't develop as they should.

With increase use of technology there's increasing evidence of behavioural problems among children. Many unhappy children lie low, bottling up their emotions and misery, and the symptoms don't become apparent until the teenage years. There are evidence of studies which have revealed that children watching too much television and spend hours on the internet are seen often "greedy and unhappy".

Another area of concern is health and diet. The "obesity explosion" of present years with modern eating habits shows that society - parents, manufacturers, marketers, has probably lost sight of the importance of wholesome food in recent decades. As far as physical activity which is most essential, we've confused that with over-protection. Ideally, children need to play in a relaxed, unstructured way, preferably outdoors with other children and - as they grow older - away from the eyes of the adults. Human children develop physical control and co-ordination through running, jumping, climbing, skipping or kicking a football around. Without play also, children's imagination and creativity is likely to be stunted, so, too, their social skills.

Have we as parents somewhere lost track in our understanding of modernity? Our paranoid obsession with "health and safety" means many parents now keep their children cooped up indoors living a sedentary, screen-based existence.

However, now that we've become aware of the problem of childhood unhappiness, there's no reason why we can't find a solution. Lets wake up, become wiser, stop being paralysed by a combination of rapid change, uncertainty and guilt, and find new ways to provide a secure, healthy family life for their offspring.

KinderMuzik ~ Bidyut Chakrabarty, Director, Urban Raga, Music Educator, Pianist

KinderMuzik is a music program and curriculum dedicated to using the power of music to help children grow during the years most critical to brain development. A music teacher takes a hand, opens a mind and touches a heart.

Benefits of KinderMusic :

1. Social & Emotional: Explore and discuss feelings, share with others Contribute in group performance, Respect others.

2. Cognitive: Read, Write and Compose Music. Differentiate long v/s short, Discriminate left v/s right, learn music notation and Symbols. Discover Sequential order. Label colour shape, Repeat songs,

3. Language and Literacy: Develop self expression, Match pitch with singing voice, Verbal Communication, imitate melody and match pitch, join a speech ensemble, expand vocal range

4. Music: Strum strings, clapping rhythm, Finger technique, Develop singing voice, compose songs. finding musical notes.

5. Physical: Move to the beat of music, learn rhythm pattern, write musical notation, draw and traces items many more.

Play, Learn & Grow together in Samuchit Way ~ Shiv Karur, Director-Business

Development, Samuchit Kindercare Learning Centre



The word Samuchit means **Appropriate in every way**. The centre provides appropriate & comprehensive programmes built around health, physical, social, intellectual & emotional development of children for a progressive tomorrow. The centre has partnered with various expert channels & bring unparalleled programmes for the appropriate development of children. The daily program schedule /time are suitable for various age groups where little ones can continue to explore world around them.

The Programmes offered at Little Elly Anand Nagar Centre are :

1. An integrated day boarding school with Little Elly curriculum: The early learning program and the focussed learning program at Little Elly prepare the child for a formal school. The centre

facilitates admission to **Glentree** and other reputed formal schools in North Bangalore.

- 2. Before and After School Day Care: The centre offers both regular and flexible hours day care programmes to cater our own school kids as well as other pre-school & formal school kids in and around RT Nagar & Hebbal. The day care children shall be part of enriched extracurricular programmes at the centre depending upon their time slots in the centre.
- Enriched & structured Extra Curricular programmes: The programmes offered are Kinder music, singing, dance, Art & Craft, Calligraphy, Sports yoga, Gymnastic, Taekwondo, language (Kannada, Hindi, English & French), Spell B, Tuition (Maths & Science), Robotics, Indoor Games, Cooking and Baking, Gardening and Environmental Awareness, Civic Engagement, Field trips, Talent shows etc.
- 4. Summer & Winter camps: Theme and wide variety activities based.
- 5. **Wellness Program:** The centre provides Regular monthly health check-up by expert paediatricians, maintain vaccination chart, sessions on nutrition, child massage.
- 6. Meals: The centre provides balanced & nutritious breakfast, lunch, milk, snacks & early dinner.
- 7. Transport The centre provides pick up & drop facility at designated hours .

Published by Parents & Alumni

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